

UMT AT-A-GLANCE EVENTS & PROGRAMS
Please tear here



2021 UMT EVENTS & PROGRAMS

Check details of Park & Recreation events and programs, and/or register at www.uppermac.org/eventsprograms.

Recreational Programs

NOW - NOV. | PLANK PILATES & NUTRITION CLASS

NEW

Lone Lane Park | Tuesdays, 6:00 pm | Month Class Pass \$70 (4 weeks) | Drop-In Class Pass \$20

Combines the benefits of both Pilates and Nutrition.

www.uppermac.org/umt-recreation/eventsprograms/plank-pilates/

2021 - 2022 | SAFE SITTER

2021 | Mon., Oct. 11th | Mon., Nov. 29th |

Wed., Dec. 29th

2022 | Mon., Jan. 17th | Fri., Feb. 18th | Fri., Mar. 11th

www.uppermac.org/eventsprograms/safesitter/



SEPT. - OCT. | ST. LUKE' FITNESS CLASSES

NEW

• **Metabolic Fitness Class** - Grange Park | Sept. 20th - Oct. 11th (4 weeks) | Mondays, 5:30pm | \$10/class, \$35 for 4 week session

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-metabolic/

• **Chair Strength & Mobility** - Lone Lane Park Pavilion | Sept. 20th - Oct. 25th Mondays, 9:00 am

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-chair-strength/

• **Kickboxing** - Lone Lane Park | Sept. 25th- Oct. 16th (4 weeks) | Saturdays, 9:30am | \$10/class, \$35 for 4 week session

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-kickboxing/

SEPT. - OCT. | HEALTHY KIDS RUNNING SERIES

Grange Park | Sept. 26th, Oct. 3rd, Oct. 17th, Oct. 24th, and Oct. 31st
Sundays at 3pm (rain date 11/07)

www.uppermac.org/umt-recreation/eventsprograms/healthykidsrunning/

SEPT. - NOV. | PARTNERING W/ PARKLAND SD

NEW

• **Chair Strength & Mobility**

Parkland SD Admin Building (1210 Springhouse Road Allentown, PA 18104)

Sept. 29th - Nov. 17th | Wed. 9:00 am - 10 am | \$15 for 6 week session

Class instructed by St. Luke's & Sponsored by UMT Recreation!

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-chair-strength/

• **Senior Water Aerobics**

Parkland High School Pool | Oct. 6th - Nov. 10th

Wed. 6 pm - 7 pm | Sponsored by UMT Recreation

www.uppermac.org/umt-recreation/eventsprograms/water-aerobics/



ONGOING | PICKLEBALL

For more info, check out our Pickleball webpage. Ladder Leagues, Beginner Lessons, Friends of UMT Parks & Recreation Tournaments

www.uppermac.org/eventsprograms/pickleball-opening-day/

UPPER MACUNGIE TOWNSHIP

8330 Schantz Road, Breinigsville, PA 18031 | 610.395.4892

FAX: 610.395.9355 | www.uppermac.org

Recreational Programs

3 | OCT. | COMMUNITY TAILGATE WITH UMPD

Grange Park | 1 pm - 4 pm | Watch the Chiefs play the Eagles on a large outdoor screen with games, activities and food!

www.uppermac.org/police/police-community-events/

9 | OCT. | BARKTOBERFEST

New location Grange Park | 11 am - 3 pm | Free to Attend (rain date 10/10)
Vendors & Sponsors Wanted! | \$25 vendor fee.

Sponsorship levels/other details here: www.uppermac.org/eventsprograms/barktoberfest/ or Email: recreation@uppermac.org

11 | NOV. | PSYCHIC LAURI MOORE

Township building (8330 Schantz Road) | 7 pm - 8:30 pm | \$20/person
Register & Pay Online! www.uppermac.org/eventsprograms/lauri-moore/

2 | JAN. 2022 | KID'S NOON YEAR'S EVE PARTY

Goodwill Fire Co. Trexlertown, Station #25 | 10:30 am - 1:30 pm

Event is Free, must pre-register | Sponsors needed

www.uppermac.org/eventsprograms/kids-noon-years-eve/

9 | APRIL | THE BUNNY HOP TRUNK HUNT

Grange Park | Event is free, must pre-register (rain date 4/10)

Various sponsor levels available!

www.uppermac.org/umt-recreation/eventsprograms/bunnyhop/



Yard Waste/Recycling & Refuse

6 | OCT. | Curbside Yard-Waste Pickup

Whitetail Disposal Holiday Schedule

25 | NOV. | Pickup delayed to Fri., Nov. 26th,
Fri. pickup delayed to Sat, Nov. 27th

25 | DEC. & 1 | JAN. | (no service days affected)

10 -28 | JAN. | Christmas Tree Pickup (on your regular pick-up day)

ONLINE REGISTRATION AVAILABLE

HOW DO I GET STARTED?

1. Go to www.uppermac.org/umt-recreation/ OR directly to the UMT RecPortal www.uppermac.recdesk.com/Community/Home.
2. Create an account.
3. Choose from the menu; facility availability, program/membership registration.
4. Follow the prompts to register or reserve, then Checkout!

www.uppermac.org/eventsprograms



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Don't miss an important date!

