# UMT AT-A-GLANCE EVENTS & PROGRA Please tear here





# 2021 UMT EVENTS & PROGRAMS

Check details of Park & Recreation events and programs, and/or register at www.uppermac.org/eventsprograms.

## **Recreational Programs**

# **NOW - NOV. | PLANK PILATES & NUTRITION CLASS**

NEW

Lone Lane Park | Tuesdays, 6:00 pm | Month Class Pass \$70 (4 weeks) | Drop-In Class Pass \$20

Combines the benefits of both Pilates and Nutrition.

www.uppermac.org/umt-recreation/eventsprograms/plank-pilates/

### 2021 - 2022 | SAFE SITTER

2021 | Mon., Oct. 11th | Mon., Nov. 29th | Wed., Dec. 29th

2022 | Mon., Jan. 17th | Fri., Feb. 18th | Fri., Mar. 11th www.uppermac.org/eventsprograms/safesitter/



### **SEPT. - OCT. | ST. LUKE' FITNESS CLASSES**

• Metabolic Fitness Class - Grange Park | Sept. 20th - Oct. 11th (4 weeks) | Mondays, 5:30pm | \$10/class, \$35 for 4 week session www.uppermac.org/umt-recreation/eventsprograms/st-lukes-metabolic/

• Chair Strength & Mobility - Lone Lane Park Pavilion | Sept. 20th - Oct. 25th Mondays, 9:00 am

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-chair-strength/

• **Kickboxing** - Lone Lane Park | Sept. 25th- Oct. 16th (4 weeks) | Saturdays, 9:30am | \$10/class, \$35 for 4 week session

www.uppermac.org/umt-recreation/eventsprograms/st-lukes-kickboxing/

### **SEPT. - OCT. | HEALTHY KIDS RUNNING SERIES**

Grange Park | Sept. 26th, Oct. 3rd, Oct. 17th, Oct. 24th, and Oct. 31st Sundays at 3pm (rain date 11/07)

www.uppermac.org/umt-recreation/eventsprograms/healthykidsrunning/

### **SEPT. - NOV. | PARTNERING W/ PARKLAND SD**

NEW

Chair Strength & Mobility

Parkland SD Admin Building (1210 Springhouse Road Allentown, PA 18104)
Sept. 29th – Nov. 17th | Wed. 9:00 am - 10 am | \$15 for 6 week session
Class instructed by St. Luke's & Sponsored by UMT Recreation!
www.uppermac.org/umt-recreation/eventsprograms/
st-lukes-chair-strength/

• Senior Water Aerobics

Parkland High School Pool | Oct. 6th - Nov. 10th
Wed. 6 pm - 7 pm | Sponsored by UMT Recreation
www.uppermac.org/umt-recreation/eventsprograms/water-aerobics/

### **ONGOING | PICKLEBALL**

For more info, check out our Pickleball webpage. Ladder Leagues, Beginner Lessons, Friends of UMT Parks & Recreation Tournaments www.uppermac.org/eventsprograms/pickleball-opening-day/

### **UPPER MACUNGIE TOWNSHIP**

8330 Schantz Road, Breinigsville, PA 18031 | 610.395.4892 FAX: 610.395.9355 | www.uppermac.org

### **Recreational Programs**

### 3 | OCT. | COMMUNITY TAILGATE WITH UMTPD

Grange Park | 1 pm - 4 pm | Watch the Chiefs play the Eagles on a large outdoor screen with games, activities and food! www.uppermac.org/police/police-community-events/

### 9 | OCT. | BARKTOBERFEST

New location Grange Park | 11 am - 3 pm | Free to Attend (rain date 10/10) Vendors & Sponsors Wanted! | \$25 vendor fee.

Sponsorship levels/other details here: www.uppermac.org/eventsprograms/barktoberfest/ or Email: recreation@uppermac.org

### 11 | NOV. | PSYCHIC LAURI MOORE

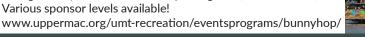
Township building (8330 Schantz Road) | 7 pm - 8:30 pm | \$20/person Register & Pay Online! www.uppermac.org/eventsprograms/lauri-moore/

### 2 | JAN. 2022 | KID'S NOON YEAR'S EVE PARTY

Goodwill Fire Co. Trexlertown, Station #25 | 10:30 am - 1:30 pm Event is Free, must pre-register | Sponsors needed www.uppermac.org/eventsprograms/kids-noon-years-eve/

### 9 | APRIL | THE BUNNY HOP TRUNK HUNT

Grange Park | Event is free, must pre-register (rain date 4/10) Various sponsor levels available!



# Yard Waste/Recycling & Refuse

6 | OCT. | Curbside Yard-Waste Pickup

### Whitetail Disposal Holiday Schedule

25 | NOV. | Pickup delayed to Fri., Nov. 26th, Fri. pickup delayed to Sat, Nov. 27th

25 | DEC. & 1 | JAN. | (no service days affected)

10 -28 | JAN. | Christmas Tree Pickup (on your regular pick-up day)

## **ONLINE REGISTRATION AVAILABLE**

### **HOW DO I GET STARTED?**

- $1. \quad \text{Go to } \textbf{www.uppermac.org/umt-recreation/} \ \text{OR directly to the UMT RecPortal www.uppermac.recdesk.com/Community/Home.}$
- 2. Create an account.
- 3. Choose from the menu; facility availability, program/membership registration.
- 4. Follow the prompts to register or reserve, then Checkout!

www.uppermac.org/eventsprograms



# JMT AT-A-GLANCE EVENTS & PROGRAMS Jon't miss an important date!

